



**Welcome to  
Europe IVF**

*Dear Clients,*

*Let me welcome you to our infertility centre Europe IVF, which provides comprehensive infertility treatment to couples from all over the world.*

*Becoming a parent is one of the most beautiful and at the same time most challenging tasks in everyone's life. However, the path to the desired child is not always so simple, as we'd like it to be. And that is why we are here to help you find the simplest and most effective solution and to support you not only professionally, but also with human understanding and compassion.*

*Choosing an IVF clinic is a big decision. It's important to find a clinic that has professionals you can trust, but also an environment, in which you feel comfortable.*

*We understand that you want to choose such a clinic wisely. If you are considering our clinic, we have put together some basic information to help you make your decision.*

*Our ambition is to create conditions that convince you that you are in the right place.*



*With respect and understanding,*

*MUDr. Milada Brandejská  
Medical Director*

# Why us?

We are experts in our field. We believe that you should have access to evidence-based treatment, the best reproductive medicine and the highest standards of care. We treat you with respect and always address your specific needs with empathy.

Thanks to the reports of successfully treated couples and the experience of cooperating with gynaecological clinics throughout Europe, we are a long-established, a well-

respected and recommended clinic.

Foreign clients benefit from the good reputation of the Czech healthcare system, which is recognised for its universal accessibility, high quality care and advanced medical technology.

We do everything we can to find a solution that works for you. We want your experience to be the best it can be.

# 1 Discreet and comprehensive care under one roof

We ensure that all services are available to you at the highest medical level, invest in state-of-the-art equipment and medical facilities and are constantly looking for ways to make treatment more accessible and affordable. Despite its size, the clinic has a family feel.

You can be examined or advised by our specialists in genetics, urology or immunology in one place.

We know how important it is to treat without haste and stress, yet we work quickly and efficiently. Without a waiting list, and yet in accordance with your schedule. We save you time.

# 2 Understanding and respect

We provide a professional, ethical and safe environment for our patients and staff.

We respect the well-being and personality of each patient and create a caring and supportive environment. We treat each person and their life story with respect and dignity.

We understand that fertility treatment is a very emotional and stressful time and it is important that you are cared for in an environment that is supportive and empathetic. Despite its size, the clinic has a family feel. We respect the culture of our clients and always treat them with sensitivity and respect.

At Europe IVF we have an experienced team of doctors, embryologists, nurses and coordinators. Our team includes colleagues

who have undergone IVF treatment themselves.

We communicate with patients from all over the world. Our experts speak a total of 10 world languages.

It is important to us that not only you, but also your family, have confidence in the medical care provided by our team.



# 3 State-of-the-art laboratory

The laboratory is the heart of any clinic. That is why we have built a state-of-the-art laboratory, one of the most modern laboratories of its kind in the Czech Republic and Europe with technologies beyond the European environmental hygiene standard.

Our embryology team is highly qualified to achieve the highest standards and bring innovation to laboratory practice.

At our clinic, you have access to EmbryoScope+ device with an advanced reproductive time-lapse technology for tracking embryo development, including the iDAScore (AI-based technology), which helps embryologists identify the best quality embryos for transfer. We maximize your chances of conception.

Every step of your IVF treatment is safeguarded by Electronic ID Tracking, ensuring all activities in the IVF lab are meticulously monitored. This system provides comprehensive protection throughout the process, giving you peace of mind.



# 4 Eggs and sperm are not purchased

As a clinic, we use for programmes with donated fresh gametes exclusively on our own database of donors. We do not buy eggs or sperm. All our donors are assessed and screened in accordance with the legally prescribed safety standards.

We have one of the largest databases and

stock reserves in the Czech Republic. Our own cryostorage guarantees maximum control over the laboratory environment.

We adhere to the highest ethical standards, provide comprehensive fertility services and offer a supportive environment for assisted reproductive technologies.

# 5

## Treatment in accordance with your budget

The choice of treatment always corresponds to your health condition, your needs, preferences and financial budget. We believe in transparent and fair prices. An honest and straightforward approach brings clients to us who have been unsuccessful or dissatisfied at other IVF centres. Targeted treatment programmes and guaranteed embryo transfer programmes are standard in our country.

We created a "Thank You" programme. We want to thank you for choosing our clinic in the form of discounts and discounts.

# 6

## Location and quiet atmosphere

Our clinic is located just 10 minutes from the Václav Havel Airport and only 1 minute from the metro, which will take you safely and comfortably to the city center in a few minutes.

You can combine treatment at our clinic with a holiday. Prague is one of the most beautiful cities in history. We will arrange a hassle-free stay for you in contracted hotels of your choice.

Our clinic is located close to Prague Castle, the best residential areas and the area where most embassies are located, which multiplies the feeling of safety and security for our clients.



# 7

## High success rate

Our assisted reproductive specialists work together to find new ways to achieve the best results. Innovative approaches and excellent results have quickly brought us to the top of the most successful assisted reproduction clinics, even though we are one of the medium-sized centres in the Czech Republic.



## Based on international criteria, we achieve a high success rate.

### 71 %

Success rate of the embryo donation programme

### 51 %

Success rate of the own eggs programme

### 73 %

Programme success rate with donated embryos with PGT testing (genetically tested embryos)

### 69 %

Success rate of the egg donation programme (donated oocytes)

*It's important that you know, that these average success rates don't tell you what your individual probability of success is. They only give you an idea of the clinic's overall success rate compared to the national success rate. Always, please, discuss with your doctor your own chances of success of treatment, including what treatment is appropriate for you.*

# About us

The history of our clinic dates back to 2010. We are specialists in the treatment of unwanted childlessness and our strength is a comprehensive approach not only to treatment but also to diagnosis.

Our plan from the start has been simple: to provide leading-edge fertility care in an environment that supports the physical, emotional and financial needs of our clients and to make decisions that are always in their best interests.

Our clients are Czech and foreign couples. Thanks to our results and approach, couples from all over the world repeatedly come to us for their desired babies: the USA, Australia, New Zealand, Great Britain, Germany, Switzerland, Italy, the Balkans and Romania.

Many couples referred to our centre have undergone extensive fertility treatment at another centre.

We are a respected clinic recommended by successfully treated couples and collaborating specialists across the Czech Republic and Europe.

We are proud of our colleagues, industry-recognized experts in the field of reproductive medicine, who bring years of experience and expertise to your journey to parenthood.

We'll be by your side from day one with empathy, honesty and professionalism. We want you to know that you are in the best hands. You deserve the best care and understanding.

If you are looking for infertility treatment in a state-of-the-art facility with a team of highly qualified and experienced professionals, you've come to the right place.



# First consultation

Choosing an IVF clinic is a big decision, and we understand that you want to choose wisely, especially when you are going through this difficult emotional time. Your first consultation at our clinic has one goal: to give

you all the information you need to make the right decision for you. For your peace of mind, we have prepared this guide before your first consultation and appointment with your doctor.

**Your first consultation will help give us an accurate picture of your situation.**

## Good to know

- ✓ Approximately 1 in 6 couples seek professional advice for fertility problems.
- ✓ It takes 1 in 10 fertile couples more than a year to get pregnant, and 1 in 20 couples wait two years before they are successful.
- ✓ These are usually minor problems that can be resolved with time or simple treatment. A smaller number of couples experience more serious problems that may require supervised IVF treatment to achieve pregnancy.
- ✓ The average chance of conception every month is 15%. If pregnancy does not occur after 12 months, a consultation with a physician specialising in reproductive medicine is recommended.
- ✓ Fertility problems can affect men (30%), women (50%) or both partners (20%).



MUDr. Štěpán Budka  
Doctor of Reproductive Medicine

## Before your first consultation

Before you come to our clinic, you will be contacted over the phone by our coordinator. For foreign clients, coordinators who speak their native language are always available.

Each of our coordinators is an experienced and fully qualified fertility specialist.

**Some of our colleagues have gone through IVF themselves, so you will be guided by someone with the same experience and empathy.**

- ✓ Your first visit is intended to give you a clear, detailed picture of your health, and we will also introduce you to modern fertility treatment options, including methods that reflect current professional trends, and recommend a solution tailored to your needs.
- ✓ The coordinator will go over the basic information that precedes your first appointment with the doctor, including all medical reports and results. The test results you send us in advance will help us get a quicker understanding of where you are and what your options are. The coordinator will also answer any questions you may have about your treatment or the organizational side of the process.
- ✓ If the results of previous examinations indicate that you need to have further tests or examinations, this will be explained to you when you speak to the doctor at your first consultation.
- ✓ Your first face-to-face or online appointment will last approximately 45 – 60 minutes.
- ✓ We always try to book your first consultation within one week of your request. The date of your first consultation depends on how free our calendar is.
- ✓ If you or your partner are busy, we can arrange a time that suits you as part of our premium one-to-one care service, e.g. on weekends.

# First consultation

- ✓ The first consultation is **free of charge**.
- ✓ We recommend that both partners attend the first meeting. This is a recommendation, but it is not required. We understand that balancing work and other responsibilities of both partners can be challenging.
- ✓ The consultation will take place in the form of an online interview or in person at our clinic. The environment of our clinic is friendly, and we do everything we can to make you feel comfortable, from welcoming you upon your arrival, to offering refreshments and relaxing music at the reception.
- ✓ **Before your consultation, you will be asked to fill in intake forms.**



MUDr. Irena Folauf  
Doctor of Reproductive Medicine

## What to take along

- ✓ A valid identity document with a photograph (ID card or valid passport)
  - ✓ Insurance card (if you are insured in the Czech insurance system)
  - ✓ Any previous examination results
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- ✓ The coordinator will welcome you at your first consultation and introduce you to your doctor.
  - ✓ If you decide to continue with treatment, your coordinator will guide you through each stage of the process.

## Partner fertility test

The fertility test includes an AMH test and semen analysis. Your doctor uses the fertility test to evaluate your fertility, and these tests provide valuable information about your overall reproductive health. If you have an in-person appointment, we will take a small blood sample to use for the necessary blood test, and your partner will submit a semen sample.

## Women's examination

A vaginal ultrasound is performed to assess the uterus and ovaries. If you are menstruating at the time of the consultation, we will arrange another appointment for the examination.

A gynaecological examination is also part of the fertility check. Our advanced 3D ultrasound scan will evaluate several areas of fertility, including blood flow to your ovaries, egg reserve, the health of your uterus, and the health of your ovaries.

Based on the results of your fertility evaluation, your doctor will help determine the cause of your infertility and recommend a treatment plan, which may or may not include IVF results.

## Men's examination

Your doctor will also check your partner's medical history, and our experienced embryologists will perform a semen analysis to assess his reproductive health.

**Get valuable  
information about  
your overall  
reproductive health.**

### **Before embarking on a treatment plan, make sure we have all the results to start treatment**

- ✓ Results of ovarian examination
- ✓ Semen analysis result
- ✓ Recent hormonal profile of treated clients
- ✓ Virological screening results for clients undergoing treatment
- ✓ Virological screening results for partners if they are not using donor sperm
- ✓ Results of smear test in treated clients
- ✓ Rubella test results for treated clients

# Treatment plan

Many clients in this situation are very aware of how crucial time is.

We want you to feel confident, relaxed and understand exactly how your treatment will work. You should leave your appointment feeling satisfied, with all the information you need and a very clear picture of what will happen next.

We will guide you through the fertilisation process that takes place during IVF or IUI (depending on your treatment preference) so that you understand exactly what is going on.



**We make sure that every step is thoroughly explained to you.**

**Before you start fertility treatment, the following points will be explained to you:**

- ✓ Limitations and possible outcomes of the proposed treatment
- ✓ Possible side effects and risks of treatment
- ✓ Techniques to be used
- ✓ Alternative treatments
- ✓ Possible disruptions to your life
- ✓ Advantages and disadvantages of continuing treatment after a certain number of attempts

Once you and your partner are both satisfied that you understand the process, we will go through each consent form together and sign them. It is really important that you understand what is written on the forms. You will be given a copy of each form. You can find the consent forms and other information relating to your treatment in our Client Portal.

### **If you decide to continue with treatment, the following steps await you:**

- ✓ You will go over every detail of your treatment plan with your doctor.
- ✓ You and your partner will sign consent forms for treatment. Consent forms should only be signed after a full discussion with your doctor or coordinator, and after you have been given sufficient verbal or written information.
- ✓ We will prepare all the medications you need and instruct you how to take them. You do not need to remember anything, our video tutorials will provide the necessary information.
- ✓ At this stage, we will ask you for an advance payment for your treatment. You will need a credit or debit card for this, or you can also pay in cash.



# Your first IVF cycle

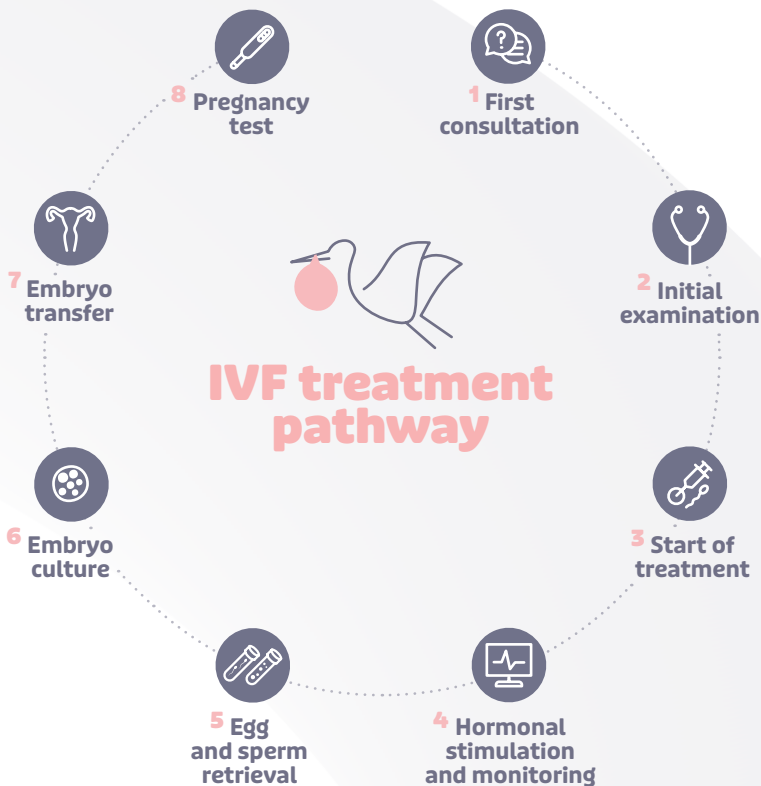
If you decide to go ahead with IVF treatment, the next step is to prepare for your first IVF cycle. This usually involves taking injectable fertility drugs to stimulate your ovaries to produce more eggs. Your doctor and your coordinator will monitor your response to treatment through interviews, regular blood tests and ultrasound scans.

Once your eggs have matured, they will be removed from your ovaries with a needle guided by ultrasound.

After their retrieval, the eggs will be fertilised with sperm in our laboratory and the resulting embryos will be cultured for several days.

The final step in the IVF process is the transfer of the embryos into the woman's uterus with the hope of a successful pregnancy.

For more information about each type of treatment, please refer to the separate guide available for download on our website.





MUDr. Jan Smrčina  
Doctor of Reproductive Medicine

**Book  
a consultation  
with one of  
our fertility  
specialists**



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+420 257 225 751

**If you are unsure  
about anything,  
ask us.**

## **List of questions before the consultation**

You know that feeling when you care about something so much you can't remember the most important thing you wanted to say or ask? This is why we recommend preparing a list of questions to ask either your coordinator or your doctor before your first appointment.

To help you prepare, we have created a list of the most common questions for the first consultation to support you and make everything easier. You can also download the list on our website.

## List of frequently asked questions for the first consultation

## What you shouldn't forget to ask

- What treatment options do we have, which do you recommend to me/us personally and why?
- If my current treatment doesn't work, what are my other options? How long should we try this method before we go down a different path?
- What are my chances of getting pregnant?
- What treatment would you advise first?
- What can we do to increase our chances?
- What other types of tests or examinations do you recommend?
- What fertility treatments are available? What are the risks associated with the suggested treatments?
- What is the next course of action and timeline for my case?
- How much time will IVF treatment take?

## Space for my notes

● Is there an age limit for IVF?

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● What is your clinic's success rate overall  
and for patients like me?

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● How much will this treatment cost?

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● Do you recommend considering  
donated eggs or sperm? If so, why?

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● Do you recommend considering IVF  
with donated eggs or sperm?

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● Who can I contact if I have further  
questions about my treatment?

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● Who can I contact during the process  
if I have questions?

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● How often will you be in contact with  
me?

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● When is a good time to start?

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You dream. We care.

**Every day one woman  
finds out that she's  
out of treatment  
pregnant in our house.**

**Thanks to the  
excellent work of our  
team, we will make  
one woman happy  
every day.**

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